



Mana U3A (INC)

www.u3amana.org.nz

P O Box 57 042, Mana, Porirua 5026

Newsletter Number 73

April 2013

Second Quarterly Meeting 2013

When: Thursday 16 May 2013

Where: St Mary's Church

Cnr Discovery Drive - Whitby Shopping Centre
(Drive to the Whitby shopping Centre. Turn from Discovery Drive into the entrance, then turn left away from the shops. St Mary's Church is on the left nearest to the road).

Time: **Doors open 1.15 pm for 1.30 pm**

Guest Speaker: **Dr Andrew Jack**

Andrew is Chief Censor and Chief Executive of the Office of Film and Literature Classification, an independent Crown Entity charged with protecting the public, in particular children, from the harm caused by unrestricted exposure to objectionable material. Andrew holds a PhD in Law and a Masters Degree in Public Policy. His previous positions include Chief Legal Adviser for the New Zealand Police and Group Manager: Legal and Advisory Services for the New Zealand Customs Service.

Subject: **The Role of the Chief Censor**

Followed by Afternoon Tea

Admission: \$2

Our President's letter.

By now you will be well into your group activities but it's never too late to join another. Information about each group is in the last newsletter you received, or on our excellent web site, just google Mana U3A and look at the January 2013 newsletter. New to U3A members will be particularly welcomed, so do get involved.

I want to thank the members who host groups in their homes. Thank you for contributing in this way. It's a pleasant gesture for guests to put a coin in a saucer when morning or afternoon tea is served. Thank you to our co ordinators who are kept busy too.

The February luncheon was enjoyed by 67 members who appreciated Mayor Nick Leggett speaking to us and responding to our questions and comments.

The Seminars are proving enriching. The 4 March one on Climate Change was well attended and was a very interesting and informative presentation.

Now on **13 May** we are having a **CPR Seminar**. Resuscitation methods have changed markedly in recent times and we should all know how to act in an emergency. We will be shown how to use a defibrillator too. This is a simple to operate resuscitation machine appearing in more and more public places.

Keep **July 11** marked on your calendar as we are having a **Road Safety Seminar** at the Police College.

You can read all the details about these Seminars in this newsletter.

Don't miss the **Music short course on July 1,15,29**, The programme is in this newsletter.

So there's no need to hibernate this winter!

By now all subscriptions should have been paid. Committee members will be contacting you if your sub is outstanding to confirm your intention to continue as a member. Future newsletters will only be sent to paid up members.

Try to come to the next quarterly meeting on Thursday 16 May. The details are on the front page. Notice that the start time is 1:30 p.m. We need help in the kitchen making the afternoon tea. Please volunteer by phoning Lisa Webber Ph. 234 7458.

May you keep smiling.
Patsy Williamson
President

Notices

Have you registered? Make sure you attend this valuable seminar.

CPR - Cardiopulmonary Resuscitation – Monday 13 May

9.45 am St Andrew's Church Parish Hall, Steyne Avenue, Plimmerton

A two hour course covering cardiac arrest and CPR - Cardiopulmonary Resuscitation will be provided by Jodie Alexander from the Wellington Free Ambulance. Jodie will discuss recognising a sudden cardiac arrest, teach "hands only" CPR and demonstrate how to use a defibrillator. There will be a nominal charge of two dollars per person and also a donation box for the Wellington Free Ambulance. There are still places available on this course but members need to register their interest ASAP.

Contact: **Coordinator:** Brian Mosen at brianmosen@xtra.co.nz or ☎ 233 0709

Short Seminars

Road Safety / Code, Seminar - Thursday 11th July 9:30 - 12:00

at The Police College opposite Aotea Lagoon. The presentation will be given by the Driving Instructors at the Police College.

Parking will be available on the parade ground area and will be sign posted. Meet Patsy in the main entrance foyer at 9:20 a.m. We will be going to Theatre One.

The seminar fee is \$5 to be paid to our Treasurer, Adriaan Van der Walt, on the day. Morning tea will be served - tea/coffee/juice with a selection of muffins and scones.

There will be a list for names at the May meeting or contact Carolyn Rait at teachmusic@xtra.co.nz or ☎ 234 7422 *as numbers need to be confirmed* by 1 July.

The History of Porirua

During September we are considering a three session course on the "History of Porirua". This would be divided to cover the period of Porirua before the Pakeha+ (Rhys Richards); European Settlement (Linda Fordyce) and a bus field trip in conjunction with Pataka. Please register your interest by contacting:

Coordinator: Brian Mosen at brianmosen@xtra.co.nz or ☎ 233 0709

New group co-ordinators (with special thanks to Denise Watts who acted as coordinator for these groups for many years)

Circa group Tui Shove ☎ 2377433 Email: brownbird@xtra.co.nz

Garden group Robin Hickey ☎ 233 0664 Email: sweetpea6@paradise.net.nz

Change of Venue

Earth Sciences meetings will now be held Combined Church Hall in Mana Street, Titahi Bay

Updated information on courses

Music Short Course: Lives, times and music of prominent composers.

Monday 1 July (English composer, Henry Purcell)

Monday 15 July (German composer, Johann Sebastian Bach)

Monday 29 July (Austrian composer, Franz Schubert)

All three sessions will be held at St Mary's Church, Whitby Village Centre commencing at 1.30 pm. \$3 per session to cover hall hire and afternoon tea.

Coordinator(and presenter): Contact Carolyn Rait at teachmusic@xtra.co.nz
or ☎ 234 7422

The Second Creative Writing Group is off to a good start with four members joining Irene Swadling every second Tuesday from 1.15 to approx. 3 pm. We have enjoyed each other's writing as well as workshopping different aspects of writing. There's room for more people so please get in touch with Irene if you would like to join. Next meeting Tuesday 7 May at 58 Bodmin Terrace, Camborne.
Contact: Irene Swadling harene.swadling@clear.net.nz ☎ 233 9988

U3A on-line

Perhaps you may be interested in studying on your own. Have you tried the website www.u3aonline.org.au There are 42 courses altogether. They are under the headings of "world affairs and history" "nature" "writing and creativity" "lifestyle" "science"

Interested in learning a language?

After leading French language groups for U3A in Poole, Dorset UK for some years and experimenting with various learning resources which might best suit U3A members, Bernard Mouzer teamed up with a Parisian friend to develop a free website, for French improvers, Beginners and Advanced students. It is proving extremely popular for members to use at home at their leisure and also in a group setting. The stories are recorded as both slow and normal speed by Patrick in his impeccable native French voice. The free site enables the reader to take time to try to emulate Patrick's clear pronunciation and the complete programme of stories contains a substantial and growing vocabulary. They become more challenging later. The link is <http://froggish.host22.com> If are interested in pursuing this course in a group situation Lisa Webber will collect names. Email: lisamwebber@hotmail.com or ☎ 234 7458

Membership Subscriptions for 2013:

Have you paid? Subscriptions remain at \$10 per member or \$15 per couple.

Payment can be made:

- In cash, directly to the Treasurer at the door of our May Meeting
- Or mailed to the Treasurer c/- Mana U3A (Inc) P O Box 57 042, Mana 5026
- Or direct credited to the Mana U3A bank account. Details are on the attached Membership Renewal Form which can also be printed from our website. www.U3Amana.org.nz

Mana U3A (Inc)
P O Box 57 042 Mana

Annual Subscriptions and Membership Renewal

Current annual subscription cost is \$10 per individual or \$15 for a couple. Annual subscriptions are due for payment on or before the first quarterly meeting in February. Payment can be made by:

- personal cheque to Mana U3A and mailed to, the Treasurer, Mana U3A P O Box 57-042 MANA 5026
- cash or personal cheque handed to the Treasurer at a quarterly meeting in an envelope (with your name clearly marked outside).
- internet banking. Direct credit to: MANA U3A (INC) a/c No 031533 0008763 00
- **Make sure you include your name** under particulars to appear on our account.

There are no course fees but the costs of any resources used are shared by the course participants.

Important

However you pay your subscription, please help us to maintain accurate records of your membership, contact details, interests and willingness to contribute to the continued success of our U3A by completing the attached details and forwarding by post or email to:

The Treasurer, Mana U3A P O Box 57-042 MANA 5026
attievdwalt@yahoo.co.nz

Name (s) í
 í
 Postal Address: í
 í
 í Post Code.....

Email address í í í í ..í í í í í í í í í í í í í í í í í í í ..

Telephone No.: í

Paid Cash () Cheque () Internet () \$..... (Single)
 Date í í í í í í ..
 \$..... (Double) Date í í í í í í .

Would you like to help? To keep our costs down we rely on our members to help plan, run and host courses. If you can help, please indicate below.

	Yes/No	Subject Area
Tutor a Group		
Be Coordinator		
Offer Your Home as Venue		
Serve on the Committee		

What are your interests?.....