



## **Mana U3A (INC)**

[www.u3amana.org.nz](http://www.u3amana.org.nz)

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August 2013

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### **Third Quarterly Meeting 2013**

**When:** Thursday 15 August 2013

**Where:** St Marys Church

Cnr Discovery Drive - Whitby Shopping Centre

*(Drive to the Whitby shopping Centre. Turn from Discovery Drive into the entrance, then turn left away from the shops. St Mary's Church is on the left nearest to the road).*

**Time:** Doors open 1.15 pm for 1.30 pm

**Guest Speaker:** Dr Jenny Visser

**Subject:** Travel medicine and experiences in Antarctica, Nepal and Bougainville (where Mr Pip was filmed).

**Followed by Afternoon Tea**

**Admission: \$2**

## **Our President's letter.**

I hope you are enjoying a busy winter.

We have had two successful seminars. Those who attended the CPR seminar on 13 May were relieved to learn that mouth to mouth resuscitation is no longer considered essential. We got into the rhythm for the heart pumping procedure.

Tawa U3A were our guests at the Police College on July 11 for a road safety seminar provided by the Police College driving instructors.

The three music history lectures have just been completed. Carolyn is to be thanked for her excellent preparation and presentation.

Last week we held a luncheon for your co-ordinators and tutors. They work as volunteers and this was a thank you for their willingness to do so.

If you have a change of personal details such as your email address we need you to tell both our membership secretary and the co-ordinators of any group you belong to. Ross maintains the U3A membership list but he doesn't inform your co-ordinators as we don't keep a record of who belongs to which groups.

Ross and I will be overseas from now until mid-October. If there is anything you want to communicate about:

In August, please contact Lisa Webber Ph: 2347458.

In September and October our Vice President Brian Mosen will be back as acting President

Ph: 233 0709 Email: [brianmosen@xtra.co.nz](mailto:brianmosen@xtra.co.nz)

Carolyn Rait will be acting membership Secretary Ph.234 7422

The following quarterly meeting on Nov 21 will be the AGM. Several of our current committee members are stepping down after completing the term of their tenures. Please let a committee member know if you would be willing to join the committee. There are only half a dozen committee meetings a year and we are a very efficient, friendly group!

Try to come to the next quarterly meeting on Thursday 15 August. Dr Jenny Visser is an accomplished presenter. The details are on the front page. Notice that the doors open at 1:15 for a 1:30 p.m. start time.

May you enjoy participating,

Patsy Williamson  
President.

## Road Safety / Code, Seminar - Thursday 11th July 9:30 - 12:00



On July 11 this happy group of U3A members honed up on road safety and the code. Most learned something new, especially about the use of ABS braking, and all refreshed their knowledge. We were pleased to include Tawa U3A members.

### History of Porirua

The Mana U3A History Sessions will be held in the Helen Smith Community Room at Pataka over 3 weeks in September as detailed below:

Monday 9th of September . 1 p.m. to 2:30 p.m.

Open with a short video (if still available) on the history of Porirua and then for Rhys Richards to talk about Porirua before the Pakeha and whaling and flax industries up to 1840.

Monday 16th of September . 1:30 p.m. to 3 p.m.

Linda Fordyce, will talk about early settlement with a PowerPoint presentation to illustrate Porirua's history up to 1947. She will also have some of the artefacts held by Pataka to display.

Monday 23rd of September . 1:30 p.m. to 3 p.m.

June and Neil Penman will talk about Porirua after 1947 with information about their personal experiences and the task they have undertaken to write a book about the history of Porirua. Books on the history of Porirua and exhibitions held by Pataka will be on sale during the course and if there is enough interest a bus tour of historic sites will be arranged at the end.

Entrance koha \$3 each session.

**Coordinator:** Brian Mosen at [brianmosen@xtra.co.nz](mailto:brianmosen@xtra.co.nz) or ☎ 233 0709

If you have not already registered please contact Brian after 1 September.

### Interested in learning more about computing?

Then contact SeniorNet Porirua. Web: [www.seniornet-porirua.org.nz](http://www.seniornet-porirua.org.nz)

Secretary: Laurie Davies Phone 234 7517 Email: [nandy.davies@xtra.co.nz](mailto:nandy.davies@xtra.co.nz)

Premises Ngati Toa School, Piko Street, Titahi Bay

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