

## MANA/TAWA SEMINAR PROGRAMME 2019

Tuesday 2 July at 1.30

St Andrews Parish Hall in Plimmerton

Our speaker will be Chloe Campbell from the Pharmacy Society. All of us use pharmacies from time to time, but we may not know what services they can provide. Chloe will explain how we can make best use of the services delivered by pharmacies and the advice they can give us on all manner of health-related issues. Come along with all the questions you've always wanted to ask about what pharmacies do!

Tuesday 6 August at 10 am

Tawa Union Church Lounge, Elena Place, Tawa

We will hear about Derek Lightbourne's adventures in the Southern Ocean. Reverend Lightbourne has undertaken several expeditions to the wild expanses of the Southern Ocean. In this talk he'll talk about shipwrecks, castaways and would-be settlements in the remote sub-antarctic islands.

Tuesday 3 September at 1.30

St Andrews Parish Hall in Plimmerton

We will hear all about electric cars. Come along and find out all about this new breed of motor vehicle, and whether it might be just what you're looking for. We'll be bringing along an all-electric car for you to look at. We've told our speaker to expect all kinds of questions!

Tuesday 1 October at 10 am

Tawa Union Church Lounge, Elena Place, Tawa

We will hear from a Porirua Council officer Clare Nolan about the proposed Adventure Park planned for Porirua. Here is a recent link to information about the planned project  
<https://www.stuff.co.nz/dominion-post/news/porirua/112461675/hiking-biking-gliding-and-flying-porirua-adventure-park-resource-consent-approved>

Tuesday 5 November at 10 am

Tawa Union Church Lounge, Elena Place, Tawa

We will hear all about de-cluttering and organising from Steph Knight. Steph is a professional organiser with her own Tawa business “Less Mess”. Steph offers help to de-clutter and organise a room or a house; let go of things you’re not quite sure what to do with; find a place for everything; maximise space; sort out your chaotic wardrobe or get your car in your garage; prepare your home to sell; and get advice on moving/downsizing. Above all, Steph’s work is about getting rid of the stress of deciding what to do with the things we have. On her website <https://www.lessmess.co.nz/Home> you can find glowing testimonials and I’m sure her talk will provide useful tips for all of us. Again, come along with all your questions.